

The morning question, What good shall I do this day?	5	Rise, wash, and address <i>Powerful Goodness</i> ; contrive day's business and take the resolution of the day; prosecute the present study; and breakfast.
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Evening question, What good have I done today?	5	Put things in their places, supper, music, or diversion, or conversation; examination of the day.
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Work.

Read or overlook my accounts, and dine.

Work.

Sleep.